

2006 Key Evaluation Findings

Adults with Serious Mental Disorder (SMD) Receiving Treatment

- 80% showed improvement in at least one of three areas: symptom distress, quality of life, and overall empowerment.
- Symptom distress, quality of life, and overall empowerment improved with time in treatment.
- Housing and employment status improved more for consumers that have received treatment than those new to treatment. In particular, after receiving more than 1 year of treatment:
 - 58% of consumers lived in their own home as compared to 41% in treatment less than three months.
 - Less than 5% of consumers reported being homeless compared to 9% new to treatment.
 - 41% in the labor force were employed compared to 28% new to treatment.
- 90% of consumers reported that the treatment they received helped them to deal more effectively with their problems.

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| <ul style="list-style-type: none">✚ Quality of life typically refers to <i>satisfaction with the amount of friendship, meaningful activity, living situation, and finances</i>✚ Symptom distress typically refers to <i>feelings of “nervousness or shakiness,” “spells of terror or panic,” or “no interest in things.”</i>✚ Overall empowerment refers to <i>feeling a sense of overall fulfillment, purpose in life, hope for the future and personal empowerment</i> |
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Children and Adolescents Receiving Treatment

- 67% of consumers showed improvement in 2 of the following areas: problem reduction, level of functioning, and hopefulness.
- Problem reduction, functioning, and increased hopefulness improved with time in treatment.
- 92% of adolescents reported that the treatment they received helped them deal more effectively with their problems.

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| <ul style="list-style-type: none">✚ Problems typically relates to <i>arguing, fights, anger, using drugs or alcohol, sad or depressed, loneliness, thinking and talking about death, etc.</i>✚ Functioning typically refers to <i>ability in everyday activities such as family/social relationship, care for oneself, attending school, recreational activities, and ability to express feelings</i>✚ Hopefulness typically refers to <i>the amount of satisfaction or optimism with life and future.</i> |
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2006 Key Evaluation Findings

General and Older Adults Receiving Mental Health Treatment

- 80% of adults and older adults showed improvement in one of the 3 major areas - symptom distress, quality of life and satisfaction with financial situation.
- Symptom distress, quality of life and satisfaction with financial situation improved with time in treatment.
- Housing and employment also improved after consumers received treatment. In particular, after receiving treatment for a year,
 - 50% in the labor force were employed compared to 46% who were new to treatment.
 - 81% were satisfied with their living arrangement compared to 73% new to treatment.
- 90% of consumers reported that the treatment they received helped them to deal more effectively with their problems.

Adults Receiving Alcohol & Other Drugs Treatment

- Approximately 75% of adults receiving alcohol and other drug treatment showed improvement in the majority of the problem areas (4 out of 7): health, employment, alcohol use, drug use, family/social relationships, criminal justice, and psychiatric problems.
- The improvement in employment, substance use, legal, family/social, and psychological and medical problems was significant after clients left treatment.
- There was an improvement in working days-- clients improved from less than 9 days to almost 11 paid working days during one month.
- 88% of consumers reported that the treatment they received helped them to deal more effectively with their problems.