

# The Consumer & Family Advocacy Council

Consumer & Family  
Advocacy Council  
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Ron Walters  
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Phil Hedden  
ADAMH Consumer  
and Family Advocate

## Meeting Minutes November 3, 2008

**Present:** CFAC Members and students representing Ohio State University (See Sign-in Roster)

**Staff:** Phil Hedden, Consumer and Family Advocate

*October 2008 meeting minutes—Aleta L.* Minutes were approved unanimously. Aleta welcomed everyone. Sign-in roster was presented and it was emphasized that people need to not only put what population group they are representing, but also what agency they or their family member are / was receiving services from. It was emphasized that the OSU students should also identify themselves in the address area on the sign sheet. It was explained again that we are trying to track who is providing feedback to CFAC so we can target underrepresented groups in order to get more diversity involved in the group. John S. was the greeter and assisted people in filling out the sign in roster correctly and he also handed out literature to those in attendance.

### News, Views, and Announcements & CFAC Sharing

- Women's and Family Expo combining with Winterfair at the Ohio Expo Center on December 6 – 7. Volunteers are needed. There was limited attendance and no additional volunteers signed up for this event
- COVA now has a job club and is open from 5 p.m. – 8 p.m. Wednesday nights.
- Andy S. informed the group that the movie, "The Soloist" was opening in theaters on November 21<sup>st</sup> nationwide and it would be a great movie to watch concerning mental health. He has donated the book to the library.
- Announcement was made and fliers handed out regarding TVBH need for holiday gifts and what items were in demand (SEE INSERT).

### SPECIAL GUEST SPEAKER: Ellen Ringler, Co-Director, Partners

- Discussed WRAP and BRIDGES program components:
- SELF DIRECTIVE
- INDIVIDUALIZED
- STRENGTHS BASED
- HOLISTIC
- HOPEFUL, EMPOWERING

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## Committee Reports

**Executive Committee**—Aleta L. Nominations and Officers will be selected for the 2009 Executive Committee at the December 1<sup>st</sup> meeting. See the ELECTION OF OFFICERS Insert regarding job duties for each office. Please feel free to contact Laura, Ron, Nancy, or Katie to ask specific questions before the December meeting. Phil shared the idea of working with a student intern from Columbus State to assist with CFAC. A draft of student intern job duties was handed out to group and feedback was solicited.

**Education Committee**—Katie. OUR HELP IS COMING: PSYCHOTROPIC MEDICATIONS seminar was held 10/18 at Pathways. Connie Hammond, Pharmacist, spoke well and had an excellent written handout. The handout will be available at the December 1<sup>st</sup> meeting. Fourteen people were in attendance. Evaluations reported this was an excellent program and a 20% increase in knowledge occurred. Thanks to everyone on the Education Committee for a job well done! The next Education Committee meeting is Thursday, November 13, at 2-3pm at ADAMH. The Education Committee will not meet in December. Today was the deadline for submissions for our winter newsletter.

**Marketing Committee**—Phil. Recruiting Coverage for Woman's and Family Expo for 12/6 and 12/7— Cost for this event is \$400 so it is vital that volunteers follow through with the assignments. There is an estimated 12-15,000 expected at this event since they are teaming up with Winterfest. If interested in volunteering for a time slot for the CFAC booth please see Ingrid for details. Comfest Planning Meetings for next year are already being scheduled.

**P.E.E.R. Center**—Andy S. P.E.E.R. center now open in their new building. New address is 1221 E. Broad Street, right next to their former location (Pathway Clubhouse). Andy encouraged the students who were in attendance to visit both the P.E.E.R. center and Partners to experience peer run agencies.

**Partners**—Ellen. Job Support group on Tuesdays from 5:30-7:00 p.m. The Warm Line is working and the number is 358-8255 and the hours are from 10 p.m. -2 a.m. and also from 10 a.m. - 6 p.m. Agoraphobia and Anxiety group meeting on 2<sup>nd</sup> and 4<sup>th</sup> Monday of every month from 4-5 p.m. Ellen shared information about Partners with the students and encouraged them to visit.

**CIT Training**—Neal and Phil. Next CIT training will be the week of November 10<sup>th</sup>. November 11 will be the Family Panel and November 12 will be the Consumer Panel.

**Sunshine**— Cards were sent out to members who need encouragement.

**Volunteer Assessment Committee**—No report

**Clinical Directors**— No report

**Cooperation Committee**— No report

**ADAMH Involvement Committee**—Phil. ADAMH Annual Retreat to discuss Strategic Business Plan and Managing for Results will have 2 consumer members involved in this workgroup to share their perspectives and input. All ADAMH workgroups and committees are being staffed with CFAC volunteers at this time. Ron W. and Christy M have volunteered to be involved with the IDDT/ACT System Steering Committee and first meeting will be October 29 from 1-3 p.m. here at the Board. Stephanie Patrick is the ADAMH Lead in this committee.

**Member Tracking Committee**—Aleta and TK. Meeting set to discuss development of forms in order to keep track of volunteer hours including community events, ADAMH workgroup and committee involvement including name of events and workgroups, dates involved and amount of time for each item.

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This committee should also update the Main Roster using the monthly sign in sheets to keep the main roster up to date to ensure everyone is receiving minutes. A consideration for this group should be to make follow up phone calls to new members to keep their interests in continuing to come to the group. An email distribution list has been developed by Phil.

**Liaison Committee**—Neal. Neal stated that he would be glad to meet with members individually if interested. It was mentioned that the CFAC group should make a recommendation to a board in favor of the person trying to get on an agency board.

**Consumer/Provider Stat**—No report.

**NEXT MEETING MONDAY, DECEMBER 1, 2008, 4:30-6:00 P.M.**

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