

The Consumer & Family Advocacy Council

Consumer & Family
Advocacy Council
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Laura Thielbar
President



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Meeting Minutes September 8, 2008

Present: CFAC Members (See Sign-in Roster—20 members in attendance.)

Staff: Phil Hedden, Consumer and Family Advocate

July 2008 meeting minutes—Laura. Minutes were approved unanimously. Laura welcomed everyone and introductions were made. Sign-in roster was presented and it was emphasized that people need to not only put what population group they are representing, but also what agency they or their family member are / was receiving services from. It was explained again that we are trying to track who is providing feedback to CFAC so we can target under-represented groups in order to get more diverse involvement in the group. Connie S. was the greeter and assisted people in filling out the sign in roster correctly.

News, Views, and Announcements & CFAC Sharing

MACC Conference is September 18-19 at Columbus State Community College at the Center for Workforce Development. Fourteen CFAC members will be attending and a table will be reserved for the group.

SPECIAL GUEST SPEAKER: Zach Reat, Columbus Coalition for the Homeless

- Street Speech Newspaper sold for \$1.00 and vendor makes \$0.75 off each newspaper sold.
- A paid position is open at the coalition for an Advocate Position. The position is a full-time position and more information can be found on the Web site: www.columbushomeless.org
- 11,000 people in Columbus experience at least 1 night of homelessness in a one-year period.
- 7,500 utilize shelters per year.
- There are approximately 592 shelter beds available for men, 112 for women.

Committee Reports:

Executive Committee - Laura T. - Much of the discussion focused on the upcoming MACC Conference and preparation for community events. New Member Orientation was also discussed.

Volunteer Assessment Committee – Vanessa - No report available.

Marketing Committee – Ingrid - NBC Health Fair is September 13 and 14. It is a free event and members were recruited to work the CFAC booth. The group is still in need of volunteers for the Recruiting Coverage for Woman's and Family Expo on December 6 and 7. It costs \$400 to participate in this event. It is estimated 12,000 – 15,000 people will attend this event since they are teaming up with Winterfest. Please see Ingrid if you are interested in volunteering at the CFAC booth. Planning for next year's Comfest is already underway.

A volunteer advocacy group that promotes education, support, empowerment and activism of consumers and families within the mental illness and addiction recovery services in Franklin County.

www.adamhfranklin.org/consumers

Committee Reports:

Education Committee – Katie - Next educational event is October 18 from 1-2:30 p.m. at the Pathway Clubhouse located at 1203 E. Broad Street (at the corner of Champion Ave.). Please RSVP to the P.E.E.R. Center at 251-7829. The Fall Newsletter was handed out during the meeting. Katie also discussed the new books that were donated to the CFAC library which is Phil's outer office. The next education committee meeting is Thursday, September 11 at ADAMH.

P.E.E.R. Center - Progress is being made on the renovation. The group discussed collaborating with the P.E.E.R. Center on the Birthday Bash which is held the fourth Thursday of every month. The new building is ready except for the inspection process and permits. Andy S. is leading a group regarding spiritual encouragement on the second and fourth Tuesday.

Partners – Christy - Significant increase in units of service. WRAP (Wellness Recovery Action Plan) training is being planned for 2009. The Job Support Group meets on Tuesdays from 5:30-7 p.m. The Warm Line is working and the number is 358-8255. The hours are from 10 p.m. to 2 a.m. Starting August 1, the hours will be extended to 10 a.m. to 6 p.m. and continue from 10 p.m. to 2 a.m.

CIT Training - Neal and Phil - Next CIT training will be the week of November 10.

Sunshine - Aleta and Jason - Cards need to go to Laura (Get Well), Ingrid (Daughter), Nancy D. (daughter), and Andy S. (Get Well).

Clinical Directors - Laura T. - Laura likes the work of Stephanie at ADAMH and her work with the Provider Agency Clinical Directors.

Cooperation Committee - Laura T. - Continuing to work with NAMIFC, MHA, and P.E.E.R. Center. CFAC did not know about the Recovery Month Kick Off event at Columbus Health Department until last minute. CFAC requested to be added to the ADAMH mailings regarding upcoming events.

ADAMH Involvement Committee – Phil - All ADAMH workgroups and committees are being staffed with CFAC volunteers at this time.

Member Tracking Committee - Aleta and TK - Form will be developed in the future to keep track of volunteer hours including community events, ADAMH workgroup and committee involvement. The form will include name of events and workgroups, dates involved and amount of time for each item. This committee should also update the main roster using the monthly sign-in sheets to keep the main roster up to date to ensure everyone is receiving minutes. An email distribution list has been developed by Phil. There was a discussion about possibly getting reimbursed for mileage.

Liaison Committee – Neal - Neal stated he would be glad to meet with members individually if interested. It was also mentioned that the CFAC group should make a recommendation to a board in favor of the person trying to get on an agency board.

Consumer/Provider Stat - Ron W. - Agencies are going better. The Process is interesting.

NEXT MEETING MONDAY, OCTOBER 6, 2008, 4:30-6P.M.

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