

The Consumer & Family Advocacy Council

Consumer & Family
Advocacy Council
447 East Broad St.
Columbus, OH 43215
614.224.1057

Meeting Minutes April 4, 2011

Present: CFAC 22 Members in attendance.

Staff: Phil Hedden, Consumer and Family Advocate, Alisha Wilkes, Community Relations Specialist, ADAMH; Mary Beth Sparks, Client Rights Officer, CSN;

4:30–4:40 p.m.—Welcome Everyone and INTRODUCTIONS! Review of the March 7, 2011 meeting minutes—Andy S: _ motioned, _seconded and minutes approved unanimously.

News, views, announcements, and CFAC sharing

- Legislative Advocacy Day 2011: Date: Thursday, April 14 at 10:30 for opening remarks and then Legislative Visits--Location: Ohio Statehouse Atrium
- Andy S. – Solidarity 2011 April 26 -28th Hyatt Regency
- 4/5 from 1-4pm—NAMI Ohio Sponsored training at TVBH Kosar Bldg. Integrating Mental Health and Physical Health Care—Karen Lindberg Contact @ 224-2700
- Cultivating a Workforce for Person Centered Long-term Services and Supports—Stakeholder Summit Workforce Initiative to be held on 4/8 from 9-4:30—Cost Free but Registration was required by 4/5.
- Faith Based Outreach Program sponsored by African American Church Community including 47 faith institutions in Franklin County—Summer camp/prevention—Reported by Alisha Wilkes and Ron W.
- Katie F—OEC (Ohio Empowerment Coalition) sponsoring a Peer Specialist Training for 15 candidates April 18-21. Registration Deadline 4/8.Contact OEC @ 614-310-8054
- Webinar at ADAMH on Tuesday, 4/12 from 3-4:30 on Peers Providing Employment Related Support Services. Call Phil at ADAMH to RSVP.
- TVBH Volunteer Recognition Reception on Thursday, April 12 from 2-4pm at TVBH North Wing Conference Center
- Debbie G. Announced Comfest from June 24-26 needs 10 CFAC people signed up to work in order to get paid. Pay will be \$10/hr. and have to work all 3 days from 10pm-2am. Will also need to attend 2 training meetings. Contact: Brandy Kegley 419-552-0494 for more information.

Guest speaker: Neal Edgar, Ombudsman, MHA:

1. Discussed Treatment Alternatives
 1. Medicaid—Needed to receive Case Management Services
 2. Medicare--Nurse Practitioners, Private Psychiatrists—may be a long wait list, Counselors
Heart of Ohio \$20 co-pay-- Agler Road—416-4325 and Whitehall—235-5555-- Lower Lights Christian Health, General Practitioners often to treat depression or Bi-Polar Disorder.
 3. Medication Needs
 - (a) Leave Jail/Prisons with only 4 week supply of meds at discharge
 - (b) 1 year or less incarceration—person will not lose Medicaid
 - (c) Charitable Pharmacy open 3 days/week at 200 E. Livingston
 - (d) Pharmaceutical Medication Assistance Programs.

A volunteer advocacy group that promotes education, support, empowerment and activism of consumers and families within the mental illness and addiction recovery services in Franklin County.

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Christy Murphy
President



Andy Schut
Vice President



TK Smith
Secretary



Ingrid Silvian
Treasurer



Phil Hedden
ADAMH Consumer
And Family Advocate

PAGE 2 of 3—Continuation below of Neal Edgar's Presentation:

4. Support Groups are free including NAMI Family to Family Bi-Polar Bears, Schizophrenics Anonymous, etc.—MHA has listing of area support groups.
5. Consumer Operated Services Centers such as The PEER Center and Partners—(FREE) Offers Network opportunities, structured supported environment, and some crisis diversion (at The PEER Center)

Guest Speaker: Gabe Howard, NAMI Franklin County:

1. NAMIWalks Information Shared—8th Annual Walk—600 people participated last year.
 - A. Walk Date: Saturday, June 4, 2011
 - B. Location: Fred Beekman Park—(Lane and Kenny)
 - C. Check in and Registration: 9:00am
 - D. Start Time: 10am
 - E. Distance: Approximately 2K.

CFAC Team: Mighty Marchers For Mental Health—Katie F. is team captain—
Any questions or desire to join team contact Katie at 885-0664.

- 60% of Franklin County NAMI budget obtained from Walk
- Free Classes
- Free Advocacy Meetings
- Free Support Groups

COMMITTEE REPORTS:

Executive Committee—Andy—Not reported on but this is content of the Executive Committee Meeting minutes held on 3/10

Disposition T.K: She is on the e-mail distribution list but her e-mails are getting kicked back. She hasn't been to the meetings and hasn't returned calls. We will send snail mail to her to make sure she is ok and knows we are concerned about her well being. Christy will check by laws to determine protocol for replacement of officer.

Neal's Spot - Pro Bono counseling: not here. The post cards are now available with description of services and who can receive services. Neal was concerned about Tom's behavior. Ann Marie was offended. Phil will follow up with her. President will start with introductions saying introductions and announcements are a time to share community events not to discuss personal experiences or horror stories. These can be shared personally after wards and we can help you get the resources you need etc.

Phil's Spot - CIT: Family panel was Tues. 3-8; consumer panel was Wed. 3-9. Phil thinks it went well. There were four presenters besides Phil. Trainees: 22 police officers, 2 dispatchers, and 2 interns. Tues 15th 1pm – 2pm Youth crisis RFR here at ADAMH—Christy M and Andy S. has agreed to represent CFAC in this process.

Sunshine issue - Ann S.: not here, Katie brought cards. One sent to TK. 2 for speakers. Tom has been in the hospital for diabetes complications. Aleta has finished committee report.

Treas. Report – Ingrid: Fred Freese didn't cash the check so that money is now officially back in our treasury and doesn't want the money. Final balance \$1608 + \$171 = \$1779 Protocol for spending keep in treasury

By Law amendment - Christy: no progress has been made because Laura has been out of town. Ron, Christy, Laura, & Ann will get together. Phil will help us coordinate a meeting.

NAMI walk - Do we want a booth at NAMI Walk? Tag team with ADAMH

OHS- Christy: Old Sparky and a "crib-bed" human cage used to restrain adult patients at a state mental institution will be on display from April 1 - November 20, 2011. It is open to adults 18+ or those

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accompanied by an adult. There is a Special Admission fee of \$5 that is in addition to the General Admission fee, for members and the general public.

VPM is moving CFAC to Bill's old room, giving us a cart for books etc. and wall space for viewing movies.

Katie: purpose of the calendar—tweaking calendar, what types of meetings? Have a list of repeating events separate except for when it's the first month. Things like NAMI Walk ok? Blank calendar separate filled in with all support groups?

Education Committee – Katie— NAMIWalks Team Captain for Mighty Marchers for Mental Health—Contact her at 885-0664 if you have any questions or would like to join team for the walk on June 4th. See above information. Next Education committee meeting on April 21 from 2-3pm and will be working on Newcomers Orientation folders and discussing next community education event which will occur in Late September.

Action Committee—Ingrid—Sleep Out on Statehouse Lawn final planning meeting coming up—The Sleep Out will occur Tuesday, May 10, from 4-11pm. Ingrid shared sign- up sheets for Free upcoming local health fairs which include: Gahanna Lincoln High School—April 20 from 7:30am-3pm; S. Mifflin Elementary School Health Fair—May 13 from 10am-3pm; Heritage Festival Health Fair—June 18 from Noon-4pm.

Partners—Susan—Dinner & Recovery Every Wednesday Beginning April 6 @ 4:00pm--Highlighted some of the activities at Partners. Movie, library and craft museum outings planned; check their calendar for more detail.

The PEER Center—Activities at the PEER Center- AGB meeting time and date changed to 2nd & 4th Tuesday at 1pm. Many groups and activities available; check their calendar for more details

ADAMH Involvement—Phil—Reported that Christy M. and Andy S. were involved in scoring grant proposals for Youth Crisis Service Unit and that ADAMH is in the final stages of awarding the grant.

The meeting was adjourned at 5:45pm.

NEXT MEETING: MON. May 2, 2011, FROM 4:30-6:00 P.M.

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