

# The Consumer & Family Advocacy Council

Consumer & Family  
Advocacy Council  
447 East Broad St.  
Columbus, OH 43215  
614.224.1057

## Meeting Minutes January 3, 2011

**Present:** CFAC 23 Members in attendance

**Staff:** Phil Hedden, Consumer and Family Advocate, ADAMH; Neal Edgar, Ombudsman, MHA; Mary Beth Sparks, Client Rights Officer, CSN

### News, views, announcements, and CFAC sharing

- MHA has hired Jennifer Martinez as the Pro Bono Counseling Director. For details of services and eligibility issues contact MHA at 221-1441.
- See NAMI fliers on new legislators and how to advocate. Downloadable at NAMIOhio.com The Action Committee will be having a letter writing meeting time in the near future. Please contact Ingrid if interested.
- June 4<sup>th</sup> 011 NAMI walk. It's never too late or too soon to fundraise.
- Stephanie- Arlington, MA info- \$84,00 grant approved to defer mentally ill from jails
- CFAC Monthly event calendar- e-mail Christie b/4 meeting with info
- NAMIFC- Tea and Tears, Jan. 12 at Columbus Metro Library- see calendar
- Coalition for the Homeless- conference- see calendar
- NAMIFC Walk meeting- January 12- see calendar
- New position for a consumer to replace Sherry Boyd at ODMH. If interested contact OEC.
- We have a new format for committees. We will now be having committee reports at the Executive Committee Meeting, unless a report is urgent. We will be having other events at Full Committee Meeting, such as movies, documentaries and special speakers. If anyone has a suggestion as to something they would like to see at our Full Committee Meeting, please let us know.

### December, 2010 Minutes approved unanimously.

The multi-platform media project that explores severe mental illness in America *Minds on the Edge: Facing Mental Illness* was shown for much of the meeting.

- “The goal is to advance consensus about how to improve the kinds of support and treatment available for people with mental illness.”
- “The video program illuminates challenging ethical issues as well as systemic flaws in program and policy design, service coordination, and resource allocation that are contributing to a mental health system that is widely acknowledged to be broken.”
- “The Program also provides a glimpse of many solutions that are currently being implemented across the country. These innovations, many shaped by the guidance and expertise of people with mental illness, offer promising solutions and hopeful direction to transform the mental health system.”



Christy Murphy  
President



Andy Schut  
Vice President



TK Smith  
Secretary



Ingrid Silvian  
Treasurer



Phil Hedden  
ADAMH Consumer  
And Family Advocate

*A volunteer advocacy group that promotes education, support, empowerment and activism of consumers and families within the mental illness and addiction recovery services in Franklin County.*

[www.adamhfranklin.org/consumers](http://www.adamhfranklin.org/consumers)

## **COMMITTEE REPORTS:**

**Education Committee – Katie**— Topics for May-June seminar will be discussed—The group needs to organize information for new member packets

**Executive committee – Christy**—

- Literature table
- Much shorter committee reports—save majority of committee reporting for Executive Committee
- Recruit New members to speak at upcoming meeting and share their story—help with retention and feeling valuable
- More of the meeting to be utilized for Speakers
- Speakers Bureau for outreach to specific targeted groups—identify targeted groups
- Develop Survey for more aggressive follow up to administer to new members—phone survey and request feedback within a week after attending their first meeting

**Action Committee—Ingrid/Rosemary**—Will be organizing Letter writing meetings to our legislators and also meetings regarding sharing our stories.

**Marketing Committee**—Please see new event calendar for calendar of events of CFAC interests

**THE P.E.E.R. Center – Juliet/ Diedra** --- Jan. 2, 4 year anniversary; new course, “Chronic Disease Management”, See Calendar for events and group times

**Partners—Susan**-- open 10-5, lunch daily, job club, bingo—See Calendar for events and group times

**Sunshine – Aleta**— sending cards to Carma, ongoing cards to Ron, Vanessa (for mother)

**Library Committee. Laura, Christy**- We need current books, DVD's & information on Drug and alcohol and mental health related topics. CFAC library is now ready to check out books after the full council meeting at 6pm.

- Kelli will give tours after full counsel meetings
- We need a book return basket
- Cleaning will need to wait

6:00p.m. Laura asked for a movement for adjournment. Laura moved and Christy seconded. Socialization occurred with new members for the next 45 minutes.

**NEXT MEETING: MONDAY, February 7, 2011 FROM 4:30-6 P.M.**

*A volunteer advocacy group that promotes education, support, empowerment and activism of consumers and families within the mental illness and addiction recovery services in Franklin County.*

[www.adamhfranklin.org/consumers](http://www.adamhfranklin.org/consumers)