

The PEER Center

East Broad-Oct. 2011

Sun. Mon. Tues. Wed. Thurs. Fri. Sat.

Hours:
 Mon. - Fri. 7am - 11pm
 Sat. - Sun. 9am - 9pm
 Holidays 9am - 7pm
Warmline: 10pm - 2am
 (614) 358-8255



Columbus Zoo Outing
October 16th 11:00am
Circleville Pumpkin Show Outing
October 20th 10:00am
 Southeast Inc. Facilitates "Alliance for Recovering Peers" Tuesdays 3:00pm



1
 10:00 Anger Management
 12:00 Family Mental Health Education
 2:00 Job Support Group
 5:00 AOD Step Group

2
 10:00 Peer Recovery Discussion
 12:00 Dual Diagnosis
 5:00 Karaoke

3
 10:00 Arts and Crafts
 1:00 Healthy Relationships
 2:00 Orientation & Tour
 3:00 Bipolar Support
 4:00 Borderline Personality
 5:00 Men's Recovery

4
 10:00 Stress Management
 1:00 Depression Group
 3:00 Alliance for Recovering Peers: Addiction Education
 4:00 LGBTQ in Recovery
 5:00 Relapse Prevention

5
 10:00 Communication Skills
 1:00 Women and Trauma Recovery
 4:00 Assertiveness Tips
 6:30 - 8:00 Bipolar Bears

6
 10:00 Recovery Stories
 1:00 Self-Esteem
 3:00 Handling Conflict
 5:00 Anxiety / Phobias
 7:00 Transitional Age 18+

7
 10:00 Schizophrenia Support
 1:00 Coping Skills
 3:00 Progress/Recovery
 4:00 Men's Recovery
 5:00 Recovering / Community

8
 10:00 Anger Management
 12:00 Family Support Grp
 2:00 Job Support Group
 5:00 AOD Step Group

9
 10:00 Peer Recovery Discussion
 12:00 Dual Diagnosis
 5:00 News and Views in the Commons

10
 10:00 Arts and Crafts
 1:00 Healthy Relationships
 2:00 Orientation & Tour
 3:00 Bipolar Support
 4:00 Personality Disorders
 5:00 Men's Recovery

11
 10:00 Stress Management
 11:30 Setting Boundaries
 1:00 AGB / Calendar Mtg.
 3:00 Alliance for Recovering Peers: Recovery Planning
 4:00 LGBTQ in Recovery
 5:00 Relapse Prevention

12
 10:00 Communication Skills
 1:00 Women and Trauma Recovery
 4:00 Assertiveness Tips
 6:30 - 8:00 Bipolar Bears

13
 10:00 Recovery Stories
 1:00 Self-Esteem
 3:00 Handling Conflict
 5:00 Post Traumatic Stress Disorder
 7:00 Transitional Age 18+

14
 10:00 Schizophrenia Support
 1:00 Coping with Pain
 3:00 Progress/Recovery
 4:00 Men's Recovery
 5:00 Recovering / Community

15
 10:00 Anger Management
 12:00 Family Mental Health Education
 2:00 Job Support Group
 5:00 AOD Step Group

16
 10:00 Peer Recovery Discussion
 11:00 Columbus Zoo Outing
 12:00 Dual Diagnosis
 5:00 Karaoke

17
 10:00 Arts and Crafts
 1:00 Healthy Relationships
 2:00 Orientation & Tour
 3:00 Bipolar Support
 4:00 Borderline Personality
 5:00 Men's Recovery

18
 10:00 Stress Management
 1:00 Depression Group
 3:00 Alliance for Recovering Peers: Addiction Education
 4:00 LGBTQ in Recovery
 5:00 Relapse Prevention

19
 10:00 Communication Skills
 1:00 Women's Recovery
 2:00 All-Associate Roundtable Discussion
 3:00 Birthday Bash
 4:00 Assertiveness Tips
 6:30 - 8:00 Bipolar Bears

20
 10:00 Circleville Pumpkin Show Outing
 10:00 Recovery Stories
 1:00 Self-Esteem
 3:00 Handling Conflict
 5:00 Obsessive-Compulsive
 7:00 Transitional Age 18+

21
 10:00 Schizophrenia Support
 1:00 Coping Skills
 3:00 Progress/Recovery
 4:00 Men's Recovery
 5:00 Recovering / Community

22
 10:00 Anger Management
 12:00 Family Support Grp
 2:00 Job Support Group
 5:00 AOD Step Group

23
 10:00 Peer Recovery Discussion
 12:00 Dual Diagnosis
 5:00 News and Views

24 / 31
 10:00 Arts and Crafts
 1:00 Healthy Relationships
 2:00 Orientation & Tour
 3:00 Bipolar Support
 4:00 Personality Disorders
 5:00 Men's Recovery

25
 10:00 Stress Management
 11:30 Setting Boundaries
 1:00 AGB / Associate Mtg.
 3:00 Alliance for Recovering Peers: Recovery Planning
 4:00 LGBTQ in Recovery
 5:00 Relapse Prevention

26
 10:00 Communication Skills
 1:00 Women's Recovery
 4:00 Assertiveness Tips
 6:30 - 8:00 Bipolar Bears

27
 10:00 Recovery Stories
 1:00 Self-Esteem
 3:00 Handling Conflict
 5:00 Panic Disorder
 7:00 Transitional Age 18+

28
 10:00 Schizophrenia Support
 1:00 Coping with Pain
 3:00 Progress/Recovery
 4:00 Men's Recovery
 5:00 Recovering / Community

29
 10:00 Anger Management
 12:00 Family Support Grp
 2:00 Job Support Group
 5:00 AOD Step Group

30
 3:00 Harvest Celebration
 5:00 Karaoke

Peers Enriching Each others' Recovery

Experience the power of PEERS