



Club Drugs

"Club drug" is a collective term to include certain drugs that have emerged and become popular among teens and young adults at dance clubs and raves.

Club drugs:

- MDMA – "Ecstasy," "X," and "Adam"
- Rohypnol – "Roofie" and "Roche"
- GHB – "G" "Liquid Ecstasy" and "Georgia Home Boy"
- Ketamine – "Special K"
- Methamphetamine – "Speed," "Ice," "Chalk," and "Meth"

Statistics

- MDMA - 10.9 million Americans aged 12 or older reported using MDMA at least once in their lifetimes.
- Rohypnol - Nearly 2 percent of high school seniors in the United States reported using rohypnol at least once in the last year.
- Methamphetamine – An estimated 8.8 million people have tried methamphetamine at some time in their lives.

Effects

- MDMA – effects include confusion, depression, anxiety, paranoia, nausea, faintness and significant increases in heart rate and blood pressure. Additionally, chronic MDMA use can cause hypothermia, muscle breakdown, seizures, stroke, kidney failure and possible brain damage.
- Rohypnol – muscle relaxation, loss of consciousness, partial amnesia. Rohypnol is colorless, odorless and tasteless, it is used in the commission of sexual assaults due to its ability to sedate and intoxicate.
- GHB – anxiety, insomnia, relaxation, nausea, difficulty breathing, tremors, sweating, liver failure and respiratory problems. GHB is colorless, odorless and tasteless and has become known as a "date rape" drug because of its ability to sedate and intoxicate, much like rohypnol.
- Ketamine – hallucinations, violence, loss of self control, respiratory distress, elevated blood pressure, rapid heart rate, slurred speech, loss of coordination, vomiting and convulsions. The effects of ketamine on the body can cause users to lapse into a coma, as little as one gram of ketamine can cause death.

- Methamphetamine – convulsions, dangerously high body temperature, stroke, cardiac arrhythmia, stomach cramps and shaking. Meth use also increases energy and alertness while decreasing appetite. Chronic meth use can result in paranoia, hallucinations and violent episodes.

Tips

- Club drugs are highly dangerous and addictive. If you are using drugs or suspect that someone you love is, contact a health care professional immediately for help and to learn about treatment options.

ADAMH is your community safety net. If you or someone you love needs help call 276-CARE, the front door to the ADAMH system of care.